

# Anaphylaxis Work Sheet Day #1

Date: \_\_\_\_\_

Names: \_\_\_\_\_

\_\_\_\_\_

- 1) What is anaphylaxis?
- 2) How is anaphylaxis different from other forms of allergy?
- 3) Describe what happens during an anaphylactic reaction.
  - a) What happens at a cellular level?
  - b) List a minimum of six signs and symptoms of anaphylaxis.
  - c) How do the cellular and chemical events explain the signs and symptoms of anaphylaxis?
- 4) How would you recognize an anaphylactic reaction?
- 5) What would you do if you thought someone was having an anaphylactic reaction?
- 6) Can anaphylaxis be prevented? Explain your answer.
- 7) If your close friend had serious allergies, what could you do to help them deal with their allergy?
- 8) What can your school do to help make sure that students and staff who are at risk for anaphylaxis are safe?